

献立表

減塩食1800kcal

Table with columns for meal type (朝食, 昼食, 夕食) and dates (11/1 to 11/30). Each cell contains a menu item and its weight. The table is organized into three main sections: 朝食 (Breakfast), 昼食 (Lunch), and 夕食 (Dinner), each with A定食 (Standard) and B定食 (Alternative) options.

* 献立は都合により変更させていただく場合がございます。